INFOPACK



A YOUTH EXCHANGE IN GRAN CANARIA (THE CANARY ISLANDS, SPAIN)

2022-3-ES02-KA152-YOU-000102269

JULY, FROM WEDNESDAY 19TH TO WEDNESDAY 26TH (18TH AND 27TH WILL BE TRAVELLING DAYS).

EIGHT DAYS OF ACTIVITIES PLUS TWO TRAVELLING DAYS











THE PROJECT

The Way of Saint James in Gran Canaria" is a Youth Exchange in Spain.

It is developed with the support of the Erasmus+ Programme (Key Action 1: Learning Mobility of Individuals. Mobility project for young people and youth workers. Youth Exchange).

The project starts on the 1st of January and ends on the 31st of December, 2023.

This Youth Exchange will join together 27 people (20 participants, 5 youth leaders and 2 facilitators)

CONSORTIUM

Organisation	OID	Country (City)
Cabildo de Gran Canaria	E10049328	Spain (Gran Canar <mark>ia)</mark>
Ordu Üniversitesi	E10122496	Türkiye (Ordu)
Arciragazzi Portici "Utopia Attanasio" APS	E10018125	Italia (Portici)
Enzonas - Associação de Caminheiros de Bragança	E10057757	Portugal (B <mark>ragança)</mark>
Fundacja Vamos!	E10252764	Poland (Warsaw)











COORDINATOR:





PARTNERS:







Fundacja Vamos!

DISCLAIMER

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SUMMARY / PROJECT DESCRIPTION

The Way of Saint James in Gran Canaria is the route that connects the south of the island with the Matriz Temple of Santiago de los Caballeros de Gáldar, in the northwest of Gran Canaria. The latter, belonging to the parish of Santiago Apóstol, the oldest on the island created in 1486, is the first and oldest Jacobean seat outside continental Europe, founded in 1482 before the conquest of the island was completed. This route, in addition to joining the two Jacobean temples of Gran Canaria (Church of San Bartolomé, in Tunte, and Santiago de los Caballeros, in Gáldar), recreate from the Oasis of Maspalomas the route that, according to oral tradition, some sailors made Galicians at the beginning of the 15th century carrying the image of Santiago 'the boy' to build a hermitage, now disappeared, in the heights of Tirajana in thanksgiving for surviving a sea storm. Many of the paths and trails along which this route runs were already used by the ancient Canarians in the communications that

backbone the island from south to North and later as cattle trails for transhumance or the movement of pilgrims: the Camino de la Plata. During 5 days participants will admire 'many of the values that Gran Canaria hides, such as the Lighthouse and Oasis of Maspalomas, the Many Bridges, the Fataga ravine, the Necropolis of Arteara, the town of Fataga and Tunte, in the Maspalomas stage -Tunte; the Degollada de Cruz Grande, the Paso de la Plata, the Ventana del Nublo, the Llanos de la Pez, Degollada Becerra and Cruz de Tejeda, in the Tunte-Cruz de Tejeda stage and the tourist destination Starlight, Degollada de las Palomas, Cruz de los Moriscos, the Pinos de Gáldar, transhumance cattle ranching and the Protected Designation of Origin Queso de Flor, the neighbourhoods and mid-range payments of the north of the island, the Cueva Pintada Museum and Archaeological Park and the BIC of the Casco Historico Complex Gáldar, in the Cruz de Tejeda-Gáldar stage '.



Source: https://caminodesantiagodegran canaria.es/elcamino

OBJECTIVES

- To increase participation in Erasmus + activities.
- To take advantage of trekking, outside activities and intercultural dialogue as educational resources, both on Gran Canaria Island (directly) and the rest of the territories involved in this project (indirectly), to:
 - Promote respect for our natural environment, historical, archaeological, ethnographic and artistic heritage.
 - Raise awareness about the efficient use of resources, environmental protection and climate change.
 - Educate in values (cultural, sustainability, fire prevention, climate change and global warming), critical thinking, and encourage/facilitate change of attitudes.

- Raise awareness about the touristic potential of heritage resources, and their use as a way
 to achieve social inclusion and inclusive and sustainable economic growth.
- Foster mutual understanding between cultures.
- To raise awareness of the situation of the Canary Islands as an outermost region of the EU and how it faces greater obstacles regarding this fact.
- To promote non-formal education as a learning tool among young people.
- To make new friends and discover new cultures together.
- To strengthen ties between organizations for future projects.



WORKING METHODS

Non-formal education tools will be used to achieve our goals: workshops, debates, reflections...

LEARNING OUTCOMES

We will expect participants to improve their learning results, self-esteem, knowledge of foreign languages; their sensitivity towards the EU project and its values. We also want them to gain a better intercultural awareness and enhance their participation in society.

Accordingly, we expect them to acquire the following knowledge, attitudes and skills (summary):

- Mother tongue: new vocabulary and being able to use it. How to search for information and resources
- Foreign language: new vocabulary, expressions, etc. related to the environment, history, heritage, etc. Gain confidence in expressing ideas and concepts out loud.
- Mathematical literacy and competence in science and technology: team working techniques.
 How to express an idea using PowerPoint, Prezi, etc. Knowledge about nature, trekking, ethnography and heritage.
- Learning to learn: enhance task management abilities. Identify peer-to-peer learning opportunities. Responsibility for their own learning.
- Interpersonal, intercultural, social and civic competence: reflection techniques to be able to express their ideas and points of view in a better way. European cultures (ancient and present). Active listening.
- Entrepreneurship: team working. Communication methods. Decision-making techniques. Empathy.
- Cultural expressions: culture and history from Gran Canaria island through its historical and natural heritage.
- Other: practical information about Youth Exchanges, ESC and Erasmus+ Programmes.

YOUTHPASS

A Youthpass will be issued after the YE, to certify the assistance and the learning outcomes.

We will have time during the project to reflect on the learning and also one/two sessions about Youthpass.



EXPECTED RESULTS AND IMPACT

Our main focus is to promote a positive attitude change in our participants about:

- How to act and behave while being in natural environments.
- Having a more sustainable way of life by being respectful of nature
- Raising awareness about cultural heritage and its potential as an educational and economic resource.

We also want to make a positive impact (when possible) on the areas of the island crossed by the Way of Saint James and look for possible future applications of the results in areas and regions of the participant's countries.

WORKING LANGUAGE

The working language will be English, but we will try to respect and use the languages of partner countries. Do not forget that multilingualism is one of the foundation stones of the European project.

PARTICIPANTS

We will be 27 people altogether: 20 participants, 5 youth leaders and 2 facilitators.

PARTICIPANTS' PROFILE

- Young people between 18 and 30 years old.
- Highly motivated to participate and learn about culture, heritage, nature, climate change, and sustainability. It is not necessary to be an expert on the subject, but it would be desirable to show any interest in those subjects because they should work together addressing these matters and it would enhance inclusion and participation.
- Interested in learning about European projects and willing to participate, but afraid to do it.
- Since this project is aimed at young people with fewer opportunities, we will try to select people who have not participated in events like this.





GROUP LEADERS' PROFILE

- Be older than 18 years old and experienced in working with groups of young people.
- Have previous experience in, at least, one of those subjects: volunteering, youth work and/or non-formal education.
- · Good level of English.
- Promote active participation, teamwork and discipline.
- · Keep a positive attitude.

YOUTH EXCHANGE DATES

Tuesday, 18th July - arrival day.

From Wednesday 19th to Wednesday 26th - activities.

Thursday, 27th July - departure day.



Eight days of activities plus two travelling days.

THE VENUE

The Way of Saint James in Gran Canaria crosses the Island from South to North.

It goes along eight differents municipalities: San Bartolomé de Tirajana, Tejeda, Artenara, San Mateo, Moya, Valleseco, Santa María de Guía and Gáldar.



Source: https://www.senderismograncanaria.com/

ACCOMMODATION - TO BE UPDATED!

Accommodation is fully covered. We still do not have the exact place where we are going to stay BUT it will be:

- Shared rooms for group leaders (two maximum per room).
- Shared rooms for participants (max. 8 per room).
- Shared/private bathrooms with enough privacy.
- No need to bring sheets or bath towels.
- We'll have a common room for the exchange and activities.
- It may be one place for the whole project or maybe different places around the island (I do not know yet).



BASIC RULES - TO BE UPDATED!

- All participants will be expected to be present and active in all the activities unless being ill.

 Unauthorized absence from the activities and workshops won't be tolerated.
- Smoking is prohibited everywhere inside buildings, thus all smokers will have to go outside or to specially designated areas for a cigarette (electronic as well). Smoking is allowed only during free time but only in the smoking area.
- Stress, nerves and bad mood are prohibited everywhere. Bring your best mood and a big smile with you and keep it through the course!
- Please do not make noise at night. Enjoy nature!
- Please don't forget that water is a scarce resource in Gran Canaria, so please save it.

FOOD AND SPECIAL NEEDS - TO BE UPDATED!

Meals will be covered from dinner on the arriving day until breakfast on the departure day. The rest will be at the exclusive account of the participants.

For any special needs or food restrictions (religious beliefs, health problems, allergies, special diet, etc...) please, include it on the Application Form or contact our staff in advance. Otherwise, we won't be able to the into account any special needs.

Please have in mind that in Spain pork is a very extended and traditional food. Do not hesitate to ask our staff to assist you when you need to know the ingredients of a dish

TRAVEL INFORMATION

PAY EXTRA ATTENTION!

The Programme will cover transport costs to and from Gran Canaria Island.

Since we are a public body, we have to follow a certain number of rules for the expenses. Those are the requirements for the travel costs:

- We will buy the tickets for participants and group leaders.
- We can cover all travel costs that can be purchased online and/or thru a Travel Agency.
- The cost of tickets that cannot be purchased online and/or thru a Travel Agency (to reach the nearest airport, for instance) or the use of private means of transportation will not be reimbursed and will be considered as co-funding.
- All arrivals will be arranged for the 18th of July and all departures will be on the 27th of July.
- The plane ticket will include a cabin bag.
- Unfortunately, we can not cover food expenses during the trip. The project only covers from the arrival to the facilities to the moment they depart.

VISAS

PASSPORT

PPROVED

To enter Spain, you need a valid identification document (passport or identification card).

Citizens of EU and EFTA countries do not need a Visa. If you need a Visa, please let us know to start with the arrangements. If you need an invitation or confirmation letter from our side, please let us know as soon as possible.

INSURANCE



We will take out an insurance policy specific to the youth exchange.

Participants are encouraged to obtain the European Health Insurance Card (EHIC), in case they are not entitled to obtain it.

EUROPEAN YOUTH CARD

The European Youth Card it's packed with tens of thousands of discounts on travel, culture, accommodation, education, services and products in 36 countries across Europe. Plus, in some countries the European Youth Card includes a Travel Insurance. You can check yours on this website:

https://eyca.org/



THE WEATHER

This event is programmed in July, so there will be Summer. Usually, the average daytime temperature during Summer in Gran Canaria is around 27° and 18° at night (it may be colder or hotter because of the location of the accommodation).

We recommend you check the forecast in advance. We will keep you updated once the date approaches. If you want to know more about the weather in Gran Canaria, you can visit this link:

https://www.grancanaria.com/turismo/en/todays-weather/aemet/?ver=maspalomas&tipo=2&cHash=5085d014072d7f1719d8a44d19aa8450

Please, don't forget to bring sun lotion, sunglasses, a cap or what you need to protect yourself from the sun.

PROGRAM AND PREPARATION

THE MAIN PROGRAMME ACTIVITIES WILL INCLUDE:

- Ice-breaking activities: to break the ice among participants and to create the optimal environment.
- Informative activities: to communicate the knowledge needed to participle in Europe, mainly about Erasmus+ Programme (Youth Exchanges, ESC, etc.)
- Trekking activities through natural areas of the island (The Way of Saint James in Gran Canaria) will allow participants to be aware of their value and will learn through experience and sensations. 5 of 8 days of the exchange will be dedicated to this trekking activity.
- Presentations (and workshops to prepare presentations): we intend to prepare participants to be able to express an idea and learn about the whole process.
- Cultural activities: we will present different media about the Canarian environment, showing participants our local history and our unique natural patrimony in a visual way.
- Nature and outside activities: we will make activities during the trekking activities on the outside (mainly in nature environments) as a way to appreciate the value of nature, and working on sustainability.
- · Leisure activities: to release tensions and stress.
- Evaluation activities: the measure of the way things are going.

PREPARATION OF PARTICIPANTS

Young people will be provided with appropriate competences and will have the unique potential to instigate favorable transformations within their communities and personal lives.

- Participants must get informed about the aims and all planned activities of the project.
- Participants are invited to learn about the topic of the youth exchange to be able to share their experiences and opinions regarding the main topic of the project.
- Participants are invited to prepare at least one energizer and to be ready to lead it during the implementation of the project.

ABOUT INTERCULTURAL NIGHT

The intercultural night is an opportunity for participants to show aspects of their countries but also to learn and taste the culture of others. Participants will try to introduce each others' cultures and traditions.

During the project, there will be an intercultural night when you will have the chance to share something about your culture with others. You are welcome to bring typical food or beverages from your country/region. We challenge you to share something special from your home or place. Please have in mind that it is not allowed for externals to cook any kind of food inside the facilities so, please, bring only food that will not require heating.

We invite you to bring, if possible, maps, posters, postcards and leaflets to give a picture of where you come from. If possible, prepare a short, but creative, funny and exciting presentation of your country for the intercultural evening.



WHAT TO BRING WITH YOU - RECOMMENDATIONS - TO BE UPDATED!

- Bring all your travel documents.
- Hygiene products (such as shampoo, gel, etc...). The accommodation will not provide any of these products.
- Your medication (in case you need it).
- Cap/hat + sunglasses + sun cream.
- · Your personal items.
- · Outfits: bring comfortable clothes and shoes adequate for trekking.
- Good mood. Bring with you the best motivation and mood to meet new cultures and make new friends.

SOME USEFUL INFORMATION - TO BE UPDATED!

SMOKING: Smoking is banned in all public places, including bars, restaurants, clubs, airports and workplaces. Many hospitality venues have outside smoking areas.

CASH MACHINES (ATM): these are available throughout the city, 24 hours on 7 days.

DRINKS: In the Canary Islands there are many bars. An Espresso Coffee costs about 1,20 € and a beer/soda about 2,00 €.

DRINKING ON THE STREETS: It is strictly forbidden to drink on public places, such as beaches, parks, streets, etc.

CURRENCY: The currency in Spain es EURO.

LANGUAGE: Spanish (español or idioma español), or Castilian[a] (castellano), is a Romance language of the Indo-European language family that evolved from colloquial Latin spoken on the Iberian Peninsula of Europe. Today, it is a global language with about 486 million native speakers, mainly in the Americas and Spain. Spanish is the official language of 20 countries. It is the world's second-most spoken native language after Mandarin Chinese; the world's fourth-most spoken language overall after English, Mandarin Chinese, and Hindustani (Hindi-Urdu); and the world's most widely spoken Romance language. The largest population of native speakers is in Mexico.

The official language of Spain is Castilian but in some autonomous communities, Catalan/Valencian, Galician, Basque and Occitan (locally known as Aranese) are co-official languages (Source: Wikipedia).

INTERNET: There is WiFi but the connections may be not as good as the one you have at home. We suggest you check the roaming conditions with your providers.

ELECTRICITY: The type of plug you know best is the type C or sometimes called "Europlug". This is the one used mainly in Spain and in most countries in Europe.



ABOUT OUR ORGANISATION - CABILDO DE GRAN CANARIA

Cabildo de Gran Canaria is a local Public Administration, the governing body of the island, created in 1912 by a Spanish National Law specific for the Canary Island, whereby each island has it own Cabildo, with competences in different sectors of activity within its respective insular territories. Its Representatives and Government are elected democratically every four years. The number of employees is estimated to be 1400.

Cabildo de Gran Canaria is divided into departments in which are distributed the different functions and competences that correspond to it. Education and Youth department is one of these departments. It aims to provide a comprehensive response to young people's needs between 14 and 30 years old, especially young people with fewer opportunities.

It executes its competences according to the Canarian Youth Law and it main working areas are:

- Youth Information (collect and dissemination).
- Leisure time (travels and free time, healthy lifestyles).
- Trainings for young people/youth workers.
- European Projects (Erasmus+ KA1, KA2 and KA3).
- Culture and arts.
- Education and sports.
- Promoting personal independence, specially targeted at the most disadvantaged youngsters.
- Improving participation through associations, without exclusion of any other alternative forms.
- Enhancing young people's inclusion, solidarity and respect.

Besides Education and Youth, the range of competencies of Cabildo de Gran Canaria is quite wide: social care, environment, biodiversity, territorial planning, wastewater treatment, sports, culture, museums, tourism, agriculture, etc...

ABOUT OUR ISLAND

Gran Canaria is the third-largest and second-most-populous island of the Canary Islands, an archipelago off the Atlantic coast of Northwest Africa which is part of Spain. As of 2019 the island had a population of 851,231 that constitutes approximately 40% of the population of the archipelago. Las Palmas de Gran Canaria, the capital of the island, is the biggest city of the Canary Islands and the ninth of Spain.

Gran Canaria is one of the eight Islands that make up the Canaries oceanic Archipelago, a Spanish territory in the Atlantic Ocean ca. 100 km off the Saharan Coast that belongs to the Outermost Regions of the European Union due to its geographic location, extremely distant from the Spanish mainland coast.

Gran Canaria is located in the Canary Islands archipelago southeast of Tenerife and west of Fuerteventura. The island is of volcanic origin, mostly made of fissure vents. It has a round shape, with a diameter of approximately 50 km (31 mi) and a surface area of 1,560 km2 (600 sq mi). Gran Canaria's maximum elevation is 1,956 metres (6,417 ft) at Morro de la Agujereada, although the nearby Pico de las Nieves has traditionally been considered the island's tallest peak. The coastline measures 236 km.



CONTACT AND SOCIAL MEDIA

COORDINATING ORGANIZATION CONTACT (SPAIN): JAVIER@GRANCANARIAJOVEN.ES

	. OUR VINA IING URGANIZATION CONTACT (SPAIN). JAVIER & GRANCANARIA JOVEN. ES							
Cabildo de Gran Canaria								
Website	www.grancanariajoven.es							
Facebook	www.facebook.com/grancanariajoven							
Twitter	https://twitter.com/GranCanariaJven							
Instagram	https://www.instagram.com/grancanariajoven/							
Enzonas - A	associação de Caminheiros de Bragança							
Website	https://www.enzonas.com/							
Facebook	Facebook https://www.facebook.com/groups/190420740978434							
Arciragazzi	Portici "Utopia Attanasio" APS							
Website	https://www.arciragazzi.it/							
Facebook	https://www.facebook.com/arciragazzi/							
Instagram	https://www.instagram.com/arciragazzi_nazionale/							
Youtube	https://www.youtube.com/channel/UCXBJiIZpEa5j <mark>9KFEza32tjA</mark>							
Fundacja V	amos!							
Website	https://www.fundacjavamos.org/wyjedz_z_nami_na_projekt/							
Facebook	https://www.facebook.com/fundacja.vamos							
Instagram	https://www.instagram.com/fundacja.vamos/							
Youtube	https://www.youtube.com/@fundacjavamos3830							
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Website	https://www.odu.edu.tr/							

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Twitter

The Way of Saint James in Gran Canaria



Thursday 27	Breakfast				Lunch*						
Wednesday 26	Breakfast		Coffee break		Lunch	Personal	Coffee break			Dinner	Farewell
Tuesday 25	Breakfast								Dinner	Evening activities	
Monday 24	Breakfast								Personal	Dinner	Evening activities
Sunday 23	Breakfast								Personal	Dinner	Evening activities
Saturday 22	Breakfast						Coffee break		Personal	Dinner	Evening activities
Friday 21	Breakfast						Coffee break		Personal	Dinner	Evening activities
Thursday 20	Breakfast		Coffee break		Lunch		Coffee break		Personal	Dinner	Evening activities
Wednesday 19	Breakfast		Coffee break		Lunch		Coffee break		Personal	Dinner	Evening activities
Tuesday 18					Lunch		Coffee break			Dinner	Reunión staff / free evening
	08:00-03:00	09:30-11:00	11:00-11:30	11:30-13:00	13:00-15:00	15:30-17:00	17:00-17:30	17:30-19:00	19:00-20:00	20:00-21:00	21:00-23:00

End of the day